

# Terms of Service

**Last Updated: May 7, 2026**

By using Just Break the Loop (“the App”), you agree to these Terms of Service.

## Purpose of the App

Just Break the Loop is designed for educational, motivational, and self-improvement purposes related to habits, mindset, cravings, emotional wellness, and behavior change.

## Not Medical or Mental Health Advice

The App is not a medical provider, therapist, psychologist, psychiatrist, or healthcare service.

Nothing within the App constitutes:

- medical advice
- psychological treatment
- mental health counseling
- diagnosis or treatment of any condition

Always seek professional medical or mental health care when appropriate.

If you are experiencing a crisis or emergency, contact emergency services immediately.

## User Responsibilities

You agree to:

- Use the app lawfully
- Provide accurate account information
- Not misuse or interfere with the platform
- Not copy, distribute, or reproduce app content without permission

## Subscriptions and Billing

Some features may require a paid subscription.

Subscriptions purchased through the Apple App Store or Google Play automatically renew unless canceled through your account settings before the renewal date.

Subscriptions purchased through our website may automatically renew unless canceled prior to the renewal period according to the terms presented at checkout.

Refund requests for App Store purchases are handled by Apple or Google according to their policies. Refund requests for website purchases may be reviewed according to our applicable refund policy.

## **Intellectual Property**

All app content, branding, audio, graphics, text, and materials are owned by Just Break the Loop and protected by intellectual property laws.

## **Limitation of Liability**

To the fullest extent permitted by law, Just Break the Loop shall not be liable for:

- indirect damages
- emotional distress
- loss of data
- business interruption
- personal outcomes related to app usage

Use of the App is at your own risk.

## **Termination**

We reserve the right to suspend or terminate accounts that violate these Terms.

## **Changes to Terms**

We may modify these Terms at any time. Continued use of the App constitutes acceptance of updated Terms.

## **Contact**

For support or legal inquiries:  
[info@justbreaktheloop.com](mailto:info@justbreaktheloop.com)

---

## **Cancellation Policy**

Users may cancel their subscription at any time.

- Subscriptions purchased through the Apple App Store must be canceled through the user's Apple account settings.
- Subscriptions purchased through Google Play must be canceled through the user's Google Play account settings.
- Subscriptions purchased through our website may be canceled through the user account portal or by contacting support at **info@justbreaktheloop.com**.

Cancellation will take effect at the end of the current billing period unless otherwise required by law.

Please note that terminating or cancelling your account will not terminate any subscriptions with a third-party payment processor. You must separately cancel your subscription with the third-party processor.

No partial refunds will be issued for unused subscription periods unless required by applicable law.