

# Disclaimer

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Welcome to Just Break the Loop. By using this website and mobile application, you acknowledge and agree to the following disclaimer.

## General Information Only

The content, tools, resources, and information provided through Just Break the Loop are intended for educational, informational, and motivational purposes only. Nothing contained within the app or website should be considered medical, psychological, mental health, legal, or professional advice.

## Not Medical or Mental Health Advice

Just Break the Loop is not a licensed healthcare provider, therapist, counselor, medical organization, or treatment facility. The app does not diagnose, treat, cure, or prevent any medical or mental health condition.

Users should consult qualified healthcare professionals regarding any physical health, mental health, addiction, or behavioral concerns.

## Emergency Situations

If you are experiencing a medical emergency, mental health crisis, thoughts of self-harm, or any dangerous situation, contact 911, emergency services, or a qualified healthcare professional immediately.

## No Guaranteed Results

Individual results may vary. Just Break the Loop makes no guarantees regarding personal outcomes, habit changes, behavioral improvements, recovery success, or any other results from using the app or website.

## Personal Responsibility

By using this app and website, you accept full responsibility for your actions, decisions, and use of the information provided. You agree that your use of Just Break the Loop is at your own discretion and risk.

## Third-Party Services and Content

The app or website may contain links to third-party websites, services, or resources. Just Break the Loop is not responsible for the content, accuracy, policies, or practices of any third-party services.

## **Limitation of Liability**

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## **Contact**

If you have questions regarding this Disclaimer, please contact us through the contact information provided on our website.